

## **COUNSELOR REPORT**

### **February 2022**

#### **Client and Counseling Support**

General Counseling: 26

Client Support Services: 72

Total clients served: 98

#### **Job Club Facilitation and Management**

Job Clubs Facilitated: 4

Landings: 4

Members attending: 44

#### **Community Outreach**

- Arranged, set up and working on promoting **“Talk Saves Lives”** suicide prevention community program to be held, Thurs., March 10 at 7:30 p.m. at Village of Lisle Board Room and online
- **“Don’t Mask Your Mental Health”** article posted on LT webpage and FB about stigma and getting help for mental health care needs
- Recorded **“Wellness Toolkit”** program of strategies people can use for proactive mental wellness
- Invited to present my **“Managing and Transforming Emotions”** program to two community groups in March
- Pitched and will present upcoming program to Recovery group
- Recommended posting English and Spanish web buttons, and a QR Code from DuPage County Health Department for 24/7 mental health and crisis resources for LT website
- Met with staffing agency manager on behalf of clients in transition
- Reviewed proposed Employee Handbook and provided feedback and concerns about legally protecting counseling client confidentiality.
- Attended panel of experts @ marijuana legalization impacts on youth in the community
- **West Suburban Jobs Council** meeting
- **Community Connections** meeting on mental health issues
- **Prevention Leadership Team** monthly meeting
- **DuPage County Recovery-Oriented System of Care Council** monthly meeting
- Postings to social media: Ongoing—Promoting LT services, distributing job leads, promoting community resources for residents

#### **Community Workshops, Presentations and Community Mental Health Education**

- Presented to 36 agencies at **Community Connections** meeting about counseling clients and providing mental health services during COVID pandemic

#### **Other**

- Answering phones as needed because of staffing issues